

The World's Most Dangerous Cake

5 Minute Chocolate Mug Cake

4 Tbls. flour
4 Tbls. sugar
2 Tbls. cocoa
1 egg
3 Tbls. milk

3 Tbls. oil
3 Tbls. chocolate chips (miniature best)
Small splash of vanilla
1 lg. coffee mug

Add dry ingredients to mug. Make sure mug is microwave safe. Beat egg and mix with milk and oil. Add the egg mixture to dry ingredients and mix well. Mix in chocolate chips and vanilla. Cook in microwave for 3 minutes at 100 percent power. (Time may vary depending on the power of your microwave.) The cake will rise over the top of the mug, but it's okay. Place mug on plate if you desire. Enjoy! (This can serve two if you want to feel slightly more virtuous.) Why is this the most dangerous cake in the world? Because now we are all only 5 minutes away from chocolate cake, any time of the day or night!!! (But in its favor, there is only one or two servings.)

If you want your cake frosted, just sprinkle with a few more choc. chips on top while cake is warm. Spread over entire top when melted.
Like mint? Use mint chips instead of chocolate to frost.

Want to give this as a gift? Just find a nice microwave safe mug. (You can often find these at a thrift store for 25 cents.) Place the dry ingredients in a sealed plastic bag and place in mug. Add a copy of the recipe and wrap as desired.